Guided Exploration of Los Carpinteros' La Montaña Rusa



Based on an interpretation by Kristjan, Maria and Tamara

This multi-sensory interpretation of the sculptural installation *La Montaña Rusa* by Cuban artist collective *Los Carpinteros*, reflects the collective's focus on the theme of juxtaposition.



Juxtaposition noun

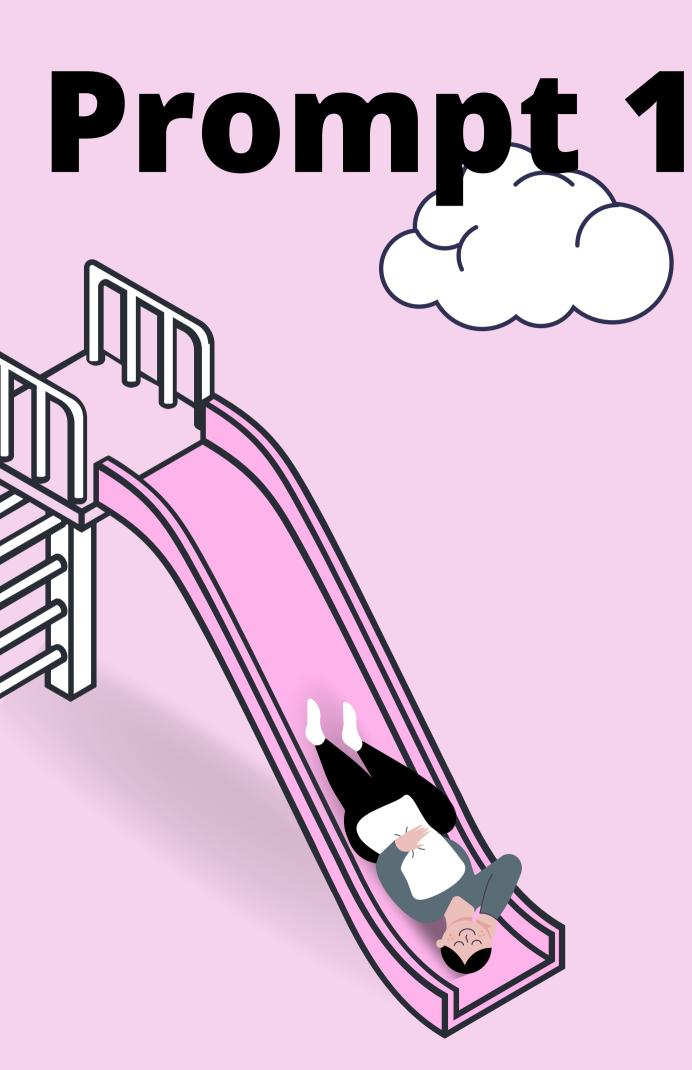
refers to the placement of two elements close together with contrasting effect in order to highlight the differences and similarities.







(try your own juxtaposition!) Or this:



Materials:Pillow

• Slide

01

03

Take a pillow (or similar alternative) to the nearest park with a slide

02 Go down the slide (or other angled surface) holding your pillow under your head

Once down and safe to do so, lay with your feet facing up the slope. Observe or imagine the sky

<u>Reflect:</u> Is this a moment of rest or play?

Alternatives:

- Rolled up scarf or jacket
- Angled surface (hill/seat)

Prompt 2

Materials:

- Bedroom/place of rest
- Rollercoaster sounds
- Hairdryer/fan



Go to your bedroom (or place of rest) with a hairdryer (or fan)

Get ready to sleep-change into pyjamas, turn off 02 the lights, proceed with your bedtime routine

Once ready, imagine your bed is the cart on a rollercoaster ride. Listen to rollercoaster sounds 03 (from the video) to enhance this experience

Turn the hairdryer on cool and direct it at times 04 to your face while listening to the sounds

your thoughts or dreams?

01

<u>Reflect:</u> How does this activity affect your sleep? Does it have an impact on

Prompt 3

Materials:

- Pink, sugary treats (cotton candy, bubble gum)
- Calming substances (tea, scented oils)

Gather classically pink sugary treats that are often associated with amusement parks and fairs, such as cotton candy, bubble gum, or even pink lemonade

Get something that would be calming to have before bed, such as chamomile or herbal tea, soothing scented oils like lavender, or anything else that might help you wind down

Taste or smell the flavours simultaneously 03 while closing your eyes

have another response?

01

02

<u>Reflect:</u> Do these items contradict or enhance one another? Do you find them soothing, stimulating, or do you

Prompt 4

Materials:

• Food items that may be reminiscent of the contrasting textures featured in the artwork

The colour and shape of the mattresses are very similar to Bubble Gum Tape or Rainbow Stripped candies.

The pillow is much like a squishy marshmallow. 02 Perhaps there are other treats that you find pillow-like in texture

The shiny black bars that curve along with the bending mattress are somewhat like ropes of black licorice – maybe there is something more steel-like such as hard candies that could also be appropriate

01

03

<u>Reflect:</u> How do the flavours and textures play off each other? Do you find these pairings enjoyable or unexpected in any way?

View La Montaña Rusa in your own world!



Full-scale Model

Mini Model

A 3D model of the sculpture can be viewed with an Augmented Reality capable device using the Adobe Aero free mobile app.

Have your own tactile version of La Montaña Rusa

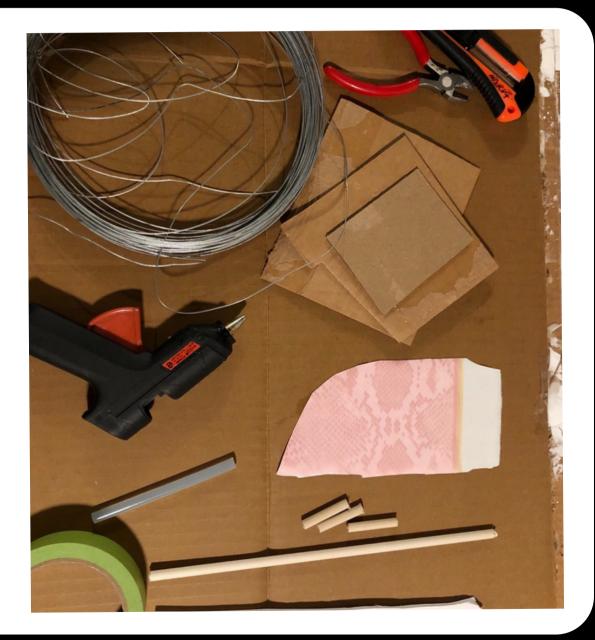


Materials:

- Cardboard
- Wooden dowels
- Tape
- Blade
- Glue gun
- Wire
- Pink fabric/ foam
- Black (spray)paint

Print your own 3D model

Make your own cardboard version



Share your interpretations and explorations with **#TUSNONTANARUSA**

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