

Introduction to Painting (18+) 8-Week

Instructor: Sarvenaz Rayati

SATURDAYS, 10am – 1pm JULY 4th – AUGUST 29th (Skip Aug 1st)



COURSE SYLLABUS

1 – Intuition

Starting with multiple quick intuitive sketches to loosen up and generate ideas. Reflecting briefly on what emerged from the process. Looking at Edna Tacon collages.

Choosing one sketch to develop into a painting that is informed by intuition. Intro to tools.

2 – Seeing

Looking at David Hockney's contour drawings and exploring the art of seeing; also looking at Van Gogh's drawings and the link between these two artists.

An extensive contour drawing session from still life.

Then making painting(s) based on what participants explored and choose from the drawings.

3 – Colour

Visiting AGO Impressionist exhibition, exploring colours, rapid brushstrokes.

Back to studio, we start mixing and creating as many colours as possible.

Creating a chart to keep track of all the colours made.

Selecting a palette from the mixes and making a spontaneous, intuitive painting using those chosen colours.

4 – Pointillism / Impressionism / Landscape

Looking at Impressionists exhibition slides; Van Gogh, as well as contemporary painter Matthew Wong, the comparison between the two artists. Beginning with small studies to experiment with brushstroke and mark-making techniques.

Using those techniques to create a final landscape painting.

5 – Pop Art

Looking at Keith Haring and KAWS and influences of popular culture in painting, such as advertising, popular objects and products, comics, news, etc.

Developing ideas through thumbnail sketches based on current pop culture.

Creating a design and making a painting from it.

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6 – Self portrait

Extensive self portrait drawing using mirror and contour drawing. Looking at Van Gogh, Francis Bacon, David Hockney. Making small paintings based on the drawings.

7 – Personal Visual Storytelling

Exploring personal visual language through extensive sketching while looking at works by artists Philip Guston, Yayoi Kusama. Developing ideas that connect personal storytelling with visual elements. Making multiple painting studies for the final painting. Starting the final painting.

8 – Final Painting

Continue working on the final painting project (self-portrait).
Show and tell, with brief reflection on process, choices, and outcomes.

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Painting Material List:

Acrylic Paints and Mediums:

Please purchase one 60ml or 120ml (5oz) tube of each of the following colours. The Rheotech colours listed below are those used by the instructor.

If you would like to use a different brand of paint, GOLDEN and TriArt are top-quality but more expensive. For affordable student-grade options, we recommend Rheotech, Amsterdam Standard, Liquitex Basics, or Winsor & Newton Galeria. Please see included links to colour match other paint brands if needed.

- Big tube or tub of Titanium White 120ml
- Big tube or tub of Mars Black or Carbon Black 120ml
- Primary Yellow 120 ml - [Rheotech - Primary Yellow](#)
- Naphthol Red 120 ml - [Rheotech - Naphthol Red](#)
- Ultramarine Blue 120 ml - [Rheotech - Ultramarine Blue](#)
- Hookers Green 60 ml – Rheotech (optional)
- Dioxazine Purple 60 ml – Liquitex (optional)
- Raw Umber 60 ml - [Rheotech - Raw Umber](#) (optional)
- Burnt Sienna 60 ml - [Rheotech - Burnt Sienna](#)
- Container of Matte Medium (optional)
- Container of Retarder (optional)
- container of Gesso (optional)

Brushes:

- at least 3 round short handle, synthetic (No. 2, 4, 8, 10, 12)
- at least 3 flat (No. 2, 4, 8, 10, 12)
- 1 inch & 2 inch chip brush

Other Materials:

- green or blue low stick masking tape
- Palette (round dial style or 2 plastic plates or tear off paper palette)



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- Dental cups (small cups) for mixing colours

- **One metal or plastic knife**

- **Pencil HB, B**

- **Eraser**

- **Sharpener**

- Ruler

- **Rags**

- Gloves (optional)

- Paint spray bottle (optional)

- Exacto knife (optional)

- **Apron or Paint clothes**

Surfaces: *all projects can be done with a pad of heavy mixed media paper if needed *

1. **A Newsprint Pad - 18" x 24"** or similar product for sketching and still life drawing and contour drawing.
2. **A Canson Canva-Paper Foundation Series – 12x16 or 16x20** or similar
3. A 16x20 stretched canvas or canvas board/panel

[Above Ground Studioworks Canvas Panel- 16"X20" | Above Ground Art Supplies](#)

All material sizes are approximate. Please retain your receipts in case exchanges or returns are needed. On your first day of class, your instructor may recommend additional optional materials. Our instructors will do their best to accommodate alternative materials whenever possible.

Suggested retailers for purchasing your art materials: Aboveground Art Supplies (discount code: AGOSPRING until June 30th AGOSUMMER after), DeSerres, Gwartzman's, Michaels, or your local art supply store.

[Terms and Conditions of Participation](#) - Participants must be 18 or older.

Please review the Terms and Conditions prior to the start of class.